

RIVER SAFETY RULES

Occupational Health, Safety & Wellbeing

RANGATIRATANGA // TŪPONOTANGA // KAITAIKITANGA TAIAO // NGAIOTANGA // PUKUMAHITANGA

Primary Hazards

Drowning
Slipping (losing footing and control)
Being caught by snags or whirlpool currents
Hypothermia

10 Rules of River Safety

Plan your trip carefully, especially if this includes River crossings. Let someone know your plans and when to raise the alarm if you haven't returned.
Have a leader with appropriate knowledge & experience.
Check weather, check and continually monitor weather conditions.
Understand river dynamics - speed, depth, colour, catchment area and run-out.
Identify hazards - always identify all potential hazards upstream and downstream, below and above the surface.
Never swim alone
Always supervise children around rivers.
Know how to cross, Know where, when and how to cross rivers - if in doubt, do not cross.
Learn recovery techniques
After your trip, dry and clean your equipment to stop the spread of algae such as didymo.

River Crossing

Ask yourself:

Do we need to cross?
Where do we cross?
How do we cross?

Before crossing

Assess river speed, depth and catchment areas

Identify hazards

Consider escape route

River Access

Pre-approved access to the Arahura River for Shareholders Only.

If you are not a shareholder, access may be acquired by Succession Card.

www.mawhera.org

